



# Winter Webinars

Winter Webinars for 2019 registration available online at <http://go.illinois.edu/EITPonline>

EITP Webinar Resources available online at <http://go.illinois.edu/EITPwebinars>

All start times are for Central Standard Time (CST)

**Click on the title of the webinar to get more information**  
(i.e. description, presenter biography and credit information)

**Friday, January 25, 2019 9:00 am**

**Advances in Genetic Testing for ASD: What Early Interventionists & Families Need to Know**

Presenter:  
Dr. Cesar Ochoa

**Thursday, January 31, 2019 9:00 am**

**The Perfect Journey Home: Enhancing NICU Discharge & Dev. Follow-Up for Premature Infants**

Presenter:  
Dr. Bree Andrews

**Wednesday, February 13, 2019 12:00pm**

**Let's Eat Together: Responsive Feeding Practices in Early Intervention**

Presenters:  
Stephanie Cohen and Karen Dilfer

**Wednesday, February 27, 2019 12:00pm**

**A Recipe for Success: Partnering with Families Beyond Early Intervention Visits**

Presenter:  
Jen Newton, Ph.D.

**Wednesday, March 6, 2019 12:00pm**

**Not So Fast: Taking the Time to Understand Family Strengths to Use in Interventions**

Presenter:  
Bonnie Keilty, Ed.D.

**Wednesday, March 13, 2019 12:00pm**

**Books Build Better Brains: Promoting Language and Literacy Development in At-Risk Children**

Presenter:  
Dr. Mariana Glusman

Hosted by the Early Intervention Training Program at the University of Illinois





# Winter Webinars

January 25, 2019

## **Advances in Genetic Testing for Autism Spectrum Disorders: What Early Interventionists and Families Need to Know**

**Presenter:** Cesar Ochoa, MD

**9:00 – 10:30 am CST**

**Registration:** <http://www.cvent.com/d/nbqby5>

### **Credit Hours:**

1.5 Atypical Child Development

### **Description:**

This session explores the latest advances in genetic testing for Autism Spectrum Disorder. The implications of new and current research for families and clinicians will be discussed.

### **Presenter Bio:**

**Dr. Cesar Ochoa** is a board certified developmental-behavioral pediatrician, division head and associate professor of pediatrics at the Rush University Medical Center (RUMC).

Dr. Ochoa has established a multidisciplinary clinical program at Rush that provides specialized evaluations and follow-up care including psychopharmacological management to children with autism, fragile X syndrome, and other complex neurodevelopmental conditions. Since 2005, Dr. Ochoa has been the director of the developmental-behavioral pediatrics (DBP) rotation for the RUMC and Stroger hospital residency programs. In 2007, Dr. Ochoa established and continues to coordinate the monthly DBP Conference Series for the RUMC, UIC, and Stroger Hospital pediatric programs, which features experts from multiple disciplines across the greater Chicagoland area. Dr. Ochoa obtained the Golden Apple Award – Rush Children’s Hospital, a teacher award for excellence in medical education in 2009.

Dr. Ochoa is an elected member of the ICAAP Executive Committee since 2014. He has been the ICAAP Child Development Committee co-chair since 2017 and has worked on equipping pediatricians with evidence-based interventions in order to more effectively address developmental and mental health problems. In 2017, Dr. Ochoa in collaboration with RUMC and ICAAP obtained an AAP grant to improve the medical care of ADHD in primary care pediatrics through innovative approaches to information technology and QI methodology. Dr. Ochoa has been the CFC11(early intervention) medical consultant since 2009.

Hosted by the Early Intervention Training Program at the University of Illinois





# Winter Webinars

January 31, 2019

## **The Perfect Journey Home: Enhancing NICU Discharge and Developmental Follow-Up for Premature Infants**

**Presenter:** Bree Andrews, MD/MPH

**9:00 – 10:30 am CST**

**Registration:** <http://www.cvent.com/d/Obqbqv>

### **Credit Hours:**

1.5 Atypical Child Development

### **Description:**

This webinar outlines how to think about and manage NICU discharge plus neurodevelopmental and medical care until the age of 5. Overall rates of impairment for infants with different NICU trajectories based on GA and overall diagnosis patterns will be reviewed.

A portion of this webinar also focuses on the use of public benefits to optimize health and development for children at risk.

### **Presenter Bio:**

**Dr. Bree Andrews** is a neonatologist who focuses on NICU follow-up as her area of expertise. She also studies the impact of the microbiome on neurodevelopment and how mobile technology might improve parenting engagement at the NICU bedside and beyond.



# Winter Webinars

February 13, 2019

## Let's Eat Together: Responsive Feeding Practices in Early Intervention

Presenters: **Stephanie Cohen** and **Karen Dilfer**

12:00 - 1:30 pm CST

Registration: <http://www.cvent.com/d/8bq6z3>

### Credit Hours:

1.5 Intervention

### Description:

Mealtimes offer opportunities for parents and children to build healthy relationships. When a child struggles to eat, it can significantly change the way he or she participates in mealtime routines. These struggles affect nutrition and growth as well as family relationships.

This webinar highlights the need to build trust between providers, families, and children in order to support family-focused mealtime routines. The presenters will highlight best practices related to feeding supports in Early Intervention with an emphasis on collaboration.

### Presenter Bios:

**Stephanie Cohen** is a Speech Language Pathologist and lactation counselor in private practice, has worked with children with complex medical needs and their families for more than 17 years. Stephanie has advanced training in feeding and swallowing disorders; she specializes in working with the 0-3 population and is passionate about helping families of children with feeding and swallowing disorders find ways to make mealtimes more successful and enjoyable. Stephanie has a B.A. and M.S. degrees from Northwestern University. She is a credentialed evaluator and provider in IL Early Intervention. She is also one of the founding members of The Chicago Feeding Group, a 501c (3) nonprofit organization that supports professionals and families who have children with feeding challenges. Stephanie enjoys mentoring, collaborating, and teaching.

**Karen Dilfer** is an occupational therapist, feeding specialist and food enthusiast. She works in private practice in Chicago and for the Early Intervention program of Illinois. Karen has a strong pediatric background and loves to help children with motor, sensory, and mealtime challenges. Karen is Neurodevelopmental Treatment (NDT) trained and has also completed post-graduate education in Sensory Integration. She is a credentialed evaluator and provider in IL Early Intervention and a founding member of The Chicago Feeding Group, a 501c (3) nonprofit organization that supports professionals and families who have children with feeding challenges.

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# Winter Webinars

February 27, 2019

## **A Recipe for Success: Partnering with Families Beyond Early Intervention Visits**

**Presenter:** Jen Newton, PhD

**12:00 – 1:30 pm CST**

**Registration:** <http://www.cvent.com/d/8bq6dd>

### **Credit Hours:**

1.5 Intervention

### **Description:**

This webinar provides a recipe of strategies for engaging families to integrating their functional IFSP goals into their daily lives. The time between early intervention visits is critical for the child's development and to the family's confidence in promoting their child's inclusion in family routines and activities.

This webinar also discusses the challenges faced in building truly family-centered relationships that encourage families to partner with professionals in their child's intervention and to extend the time spent together into their typical routines.

### **Presenter Bio:**

**Jen Newton, PhD** is an assistant professor at Ohio University. Dr. Newton's research interests include strengths-based approaches to families, early childhood inclusion, and inclusive teacher preparation. She regularly presents locally, regionally, and nationally on a range of inclusive educational topics.

She served as an early interventionist and an inclusive pre-kindergarten teacher prior to pursuing doctoral studies. Dr. Newton earned her doctorate in special education from the University of Kansas and spent four years as an assistant professor at James Madison University in Harrisonburg, VA, then three years at Saint Louis University before finding her home at Ohio University.

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# Winter Webinars

March 6, 2019

## **Not So Fast: Taking the Time to Understand Family Strengths to Use in Interventions**

**Presenter: Bonnie Keilty, Ed.D**

**12:00 - 1:30 pm CST**

**Registration: <http://www.cvent.com/d/hbq6cx>**

### **Credit Hours:**

1.5 Working with Families

### **Description:**

The strength-based perspective requires deep focus on the strengths of each family as well as their child's. This webinar discusses the importance of taking the time to uncover family strengths in meeting both child and family outcomes and strategies to utilize those strengths as the basis for intervention.

Various kinds of strengths families bring to early intervention and how practitioners can identify and utilize those strengths in ways that fit each unique family are shared.

### **Presenter Bio:**

**Bonnie Keilty, Ed.D** has worked in early intervention for 25 years, including research, teaching, practice and national service. She currently holds a faculty position at Hunter College, City University of New York as an Associate Professor in Special Education and coordinates Hunter's Early Childhood Special Education Program. Dr. Keilty has a Masters and Doctorate in Early Intervention/Early Childhood Special Education, as well as a Graduate Certificate in Maternal and Child Health, from George Washington University in Washington DC.

Dr. Keilty's research focuses on family-professional partnerships, prenatal supports, home visit planning and implementation, effective inclusion practices, and professional development and preparation. All of her work stresses the translation of research and theory to practice. She has authored peer-reviewed articles and two books on Early Intervention - *The Early Intervention Guidebook for Families and Professionals: Partnering for Success* (2016) in its second edition and *Seven Essentials for Family-Professional Partnerships in Early Intervention* (2017).

Dr. Keilty is a former President of the Division for Early Childhood (DEC) of the Council for Exceptional Children (CEC), the international professional association for those who work with or on behalf of young children with disabilities and their families. She has practiced in a variety of early intervention environments, including home, community, classroom, and hospital-based settings.

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# Winter Webinars

March 13, 2019

## **Books Build Better Brains: Promoting Language and Literacy Development in At-Risk Children**

**Presenter:** Mariana Glusman, MD

**12:00 – 1:30 pm CST**

**Registration:** <http://www.cvent.com/d/dbq6dn>

### **Credit Hours:**

1.5 Working with Families

### **Description:**

This webinar reviews the research on early brain and language development and highlights programs, such as *Reach Out and Read* which uses science-based strategies to promote growth.

Practical advice for providers including teachable moment and specific empowering messages for parents starting in infancy are presented.

### **Presenter Bio:**

**Mariana Glusman, MD** has dedicated her career to decreasing health and educational disparities among low income children. She completed her undergraduate studies at Brown University, medical school at the University of Chicago, and her pediatric residency at Children's Memorial, now the Ann and Robert H. Lurie Children's Hospital of Chicago.

Dr. Glusman is an Associate Professor of Pediatrics at Northwestern University's Feinberg School of Medicine and an attending pediatrician at Ann and Robert H. Lurie Children's Uptown Clinic where for the past 22 years she has cared for a diverse, multilingual, medically complex, underserved patient population. Dr. Glusman is also the current president of the Illinois Chapter of the American Academy of Pediatrics.

Her areas of expertise include language and literacy promotion in pediatrics, bilingual language development, and working in multicultural settings and is nationally recognized for her work with Reach Out and Read (ROR). ROR is a program that partners with pediatricians to promote early literacy development, spearheading ROR's Leyendo Juntos (Reading Together) initiative to improve the program's impact in the Latino community, as well as leading ROR's initiative to start literacy promotion at birth. In addition, Dr. Glusman is the medical director of ROR Illinois, representing and supporting 130 ROR sites throughout the State and training medical providers on literacy promotion in pediatrics. Also, to her credit, Dr. Glusman is the author of, "I Love You Like Sunshine: How Everyday Play and Bedtime Stories Grow Love Connections and Brainpower", a book for newborns and their caregivers currently distributed in hospitals, clinics, libraries, and community programs nationwide.

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