### In-Person Early Intervention Checklists during COVID-19 Pandemic

Developed by the Early Intervention Training Program at the University of Illinois and the ReOpen Illinois Early Intervention Workgroup

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# How to Stay Safe



#### **Before the Visit**

- Develop a written communication plan to be shared with families in the event they or another family with whom they have had contact tests positive for COVID-19
- Develop a Waiver of Liability, if necessary or desired
- Discuss the procedures you will follow during in-person services with the families you will be visiting (see Preparing Families for the Visit)
- □ Screen for risk prior to entering the home you will be visiting (see *Family Screening Risk Checklist*)
- Gather clean masks<sup>1</sup>
- Gather a change of clothes<sup>1</sup> (i.e., an overshirt or smock) for between visits
- Gather gloves and/or face shield, if applicable (not required, but acceptable)
- Perform a daily health check on yourself (see Daily Health Checklist)

### **During the Visit**

- □ Allow only 1 family member present at session
- □ Wash your hands upon entering and encourage family member and child to wash hands
- □ Avoid handshakes, hugs, and physical contact
- □ Avoid touching your face
- □ Wear a mask at all times<sup>1</sup>
- □ Ask family member to wear mask (child under age 2 should not wear face mask)
- □ Limit materials/toys brought into the home and use materials/toys available within the home
- □ Limit the number of surfaces and objects touched
- Put on and remove masks carefully (see <u>Using</u> <u>Face Masks</u>)
- **Use Social Distancing** as much as possible
- □ Visit with the family outdoors, when possible

#### After the Visit

- Wash your hands upon exiting and encourage family member and child to wash hands
- **Change clothes to avoid contamination**<sup>1</sup>
- **Disinfect surfaces and objects touched**
- Remove masks carefully (see <u>Using Face</u> <u>Masks</u>)
- Notify the family if you or someone you have been in contact with has tested positive for COVID-19

#### COVID-19 Safety Resources https://go.Illinois.edu/EICOVIDSafety

<sup>1</sup> Pack 1 per family you will be visiting that day

## Preparing Families for the Visit

- □ Inform families of the procedures you will follow before, during and after in-person services
- □ Inform families that you will be screening for risk prior to entering their home (see Family Screening Risk Checklist)
- □ Notify families that a mask must be worn by the family member present for the session
- Allow only 1 family member present in immediate intervention session area
- Develop a plan for families who are unable/unwilling to wear masks (services may need to be provided via live video visits or telephone consultation)
- □ Ask families what additional safeguards they would like to discuss
- Discuss the expectation that families must immediately notify the provider and/or service coordinator of the following:
  - □ someone in their home tests positive for COVID-19 or is experiencing symptoms
  - if the child/family has been in close contact (within 6 feet for greater than 15 minutes) with someone who tested positive for COVID-19.
- Remind families of standard safety precautions (masks, hand washing, social distancing, etc.) during interactions with children and families.
- Inform families that you will be limiting materials and toys brought into the home and will be relying on the materials and toys available within their environment.

### Daily Health Check Before Visiting Families



\*Call family to reschedule visit, alert the Service Coordinator, and seek medical consultation from a physician.

# Family Screening Risk Checklist

- **Is your temperature above or equal to 100.4°F?** You must be free of fever for at least 72 hours prior to visit.
- YES Do you have cough, shortness of breath, or difficulty breathing?
- YES Do you have chills with shaking, muscle pain, headache, or sore throat?
- YES Do you have diarrhea, vomiting, or new loss of taste or smell?
- YES In the last 2 weeks, did you care for or have close contact with someone diagnosed with COVID-19?
- YES In the last 2 weeks, has anyone in your household or anyone you are in close contact have any of the above symptoms?

YES 🔲

**In the last 2 weeks, have you or anyone in your home travelled outside of the state?** Discuss the risk in more detail with the family. You may choose to do live video visits in the next 14 days while they quarantine, or if the risk is minimal, you may decide to visit with additional precautions.

\*Reschedule visit, alert the Service Coordinator, and encourage family to seek medical consultation from a physician. If they might have been exposed to COVID-19 or travelled outside the state in the last 2 weeks, consider sharing the <u>CDC resource "Quarantine if You Might Be Sick"</u>.

