

Dignity Revolution

Author: BOB LENZ

With: Deborah L. Tackman



Does every person have a purpose?
Does every life have value?
Does mine?

Dr. Martin Luther
King, Jr.

“Our lives begin to
end the day we
become silent
about things that
matter.”



What is Dignity?



- Everyone has the innate right to feel valued and respected!
- A state or quality of being worthy of honor and respect!

(Lenz, 2014)

What is a Revolution?



A fundamental change in thinking or society (Lenz, 2014).

You have value!



You have rights, dignity and value that can never be taken away, no matter what others have done to you!

What do we need?



We need kind,
compassionate,
sensitive, loving people
who are gentle enough
to be strong, yet strong
and determined enough
to be gentle.

Why should we engage in this revolution?



Reason 1: Society's system isn't working.



- Why do 9/10 people say they would change something about themselves?
- Unrealistic expectations
- Low self-worth
- How can you "be there" for someone?

Reason 2: The system isn't fair.



- In what ways does society tell us how to be, what to have, how to feel?

Physical appearance

Performance

Possessions

Popularity

Pleasure

Prestige

Power

Reason 3: The system dehumanizes people.

- The system reduces people to products.
- Bullying - What is going on?
- We need to be the ones to seek out opportunities to love, understand, invite, care, defend and stand for justice.



Reason 4: The system is controlling us.



- Is this behavior a part of our being?
- Break the mold.....
- Stand up for the silent.....
- Stand up for you.....
- Look within to make a difference!

Fontbonne University Mission

Fontbonne University, a Catholic institution sponsored by the Sisters of St. Joseph of Carondelet, is committed to the common good through the daily pursuit of transformative education, inspiring students to become global citizens who think critically, act ethically and serve responsibly.

I pledge and commit....

- To always be kind, friendly, humane, compassionate and thoughtful to others.
- To always be loving, for love is not an emotion, but a decision.
- To be a person of peace, that as far as it depends on me, I will be at peace with everyone.
- To be a person of patience.
- To be a person of goodness.

I pledge and commit....

- To always bring true joy everywhere, while sincerely acknowledging the sorrow, sadness and brokenness in the world.
- To be a person of faithfulness.
- To be a person of gentleness.
- To be a person of self-control in society, whatever life brings.
- To be a friend to all.