## Family Technology Checklist for Live Video El Visits (i.e. Telehealth)

Child's Name:	Date of Birth:///

Parent/Caregivers Name: \_\_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_

Family Technology Checklist		No
Do you have a <b>secure internet connection</b> at home?		
Do you have a <b>webcam and speakers</b> with your device (e.g. smartphone, tablet, or laptop)?		
Have you <b>used video conferencing/chat</b> through a tool such as Facetime, Skype, Google Hangouts, Zoom, etc.? This is optional but may help gauge the family's comfort with technology.		
Does your <b>internet or mobile data plan</b> have enough <b>data capacity</b> to accommodate the use of live video visits (i.e. telehealth)? Families are responsible for any additional data cost incurred as a result of services delivered in this format and data usage may be significant.		
Do you have <b>internet speed (bandwidth)</b> to use video during a live video EI session? Use <b>speedsmart.net</b> to see if it meets upload and download speed of 1.5 Mbps or more.		
Will your chosen device be <b>fully charged</b> , or will there be a <b>power cord/source</b> available if needed during the live video EI visit (e.g. if you're outside, you may need to plan ahead for power source)?		

Prior to the Session

- Make sure your device is fully charged or plugged in securely to a power strip
- Test your connection, camera and microphone
- Have headphones available just in case they are needed for best audio quality
- Log off any other programs/windows that are open on the device
- If possible, limit other connections to the internet in your household during the virtual visit as you may be competing for internet speed/bandwidth
- Review the joint planning document. Let other family members know when the visit will occur. Invite them to participate, if appropriate, or tell them what you need so you can fully participate.
- Obtain phone number of the provider in case you experience audio difficulties



Adapted from the Idaho Infant Toddler Program Virtual EI Family Technology Questionnaire and NCHAM Technology and Home Environment Tele-Intervention Checklist by the Early Intervention Training Program at the University of Illinois, April 2020