

## Resources for Live Video Visits in Early Intervention (i.e. Telehealth)

Live video visits (i.e., telehealth) are sometimes referred to as tele-health, tele-intervention, tele-practice, or virtual visits. The following resources are intended to support Early Intervention (EI) professionals, including service coordinators and direct service providers, and families as they make informed decisions about this service delivery method during the COVID-19 pandemic.

Please note that although some of the resources included in this list were developed by different states/programs, professionals in Illinois' EI system are expected to align their practices with Illinois' EI principles, policies and procedures, and [\*specific COVID-19 policies\*](#).

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### Overview of Live Video Visits

During this temporary period of providing EI services via live video visits (i.e., telehealth), it is critical to ensure continuity of quality services and care for families and children. Check out the following resource for an **overview of live video visits**, including practice tips for professionals and families:

[Using Live Video Visits in EI \(During COVID-19\)](#) This online training from EITP contains information about live video visits in Illinois Early Intervention.

[General Overview of Tele-Intervention](#) This resource was developed by the Pennsylvania Office of Child Development and Early Learning through Early Intervention Technical Assistance (EITA-PA) and includes tips and strategies, but also includes some state-specific information that does not apply in Illinois (e.g., services referred to as tele-intervention, annotated IFSP-IEP, etc.)

[Tele-Intervention and Distance Learning](#) This page from *Early Childhood Technical Assistance (ECTA)* provides an overview of the state policy and funding related to telehealth, as well as information from professional organizations in early intervention who are providing distance learning opportunities on telehealth.

[Planning for the Use of Video Conferencing for Early Intervention Home Visits during the COVID-10 Pandemic](#) (pdf) The purpose of this document prepared by Larry Edelman (2020) is to suggest key topics to be addressed and provide information and resources to assist in planning how to use video conferencing for home visiting.

## Resources for Service Coordinators

Service coordinators are essential “linchpins” who help IFSP teams reach consensus related to individualized services and supports for each family, especially service delivery (i.e., live video visits/services) during COVID-19. The following resources are for service coordinators, as they **initiate team discussions about this service delivery option and coordinate supports for families**:

[Family Informed Decisions - Service Coordinator Talking Points](#) (pdf)

## Technology Checklists

Technology, including access to the internet and data, are essential for live video visits (i.e., telehealth). Use the following checklists to determine if you have the **necessary technological supports to access** live video visits (i.e., telehealth):

[Family Technology Checklist for Live Video EI Visits](#) (pdf)

[Professional Technology Checklist for Live Video EI Visits](#) (pdf)

## Resources for Direct Service Providers

Joint planning, observations & action -- Oh my! Are you feeling unsure about the components of coaching? Check out the following resources to **support your understanding of the coaching process**:

[Coaching Quick Reference Guide](#) (pdf)

[Coaching in Early Childhood](#)

[Families Front and Center: The Power of Coaching](#)

[Family Guided Routines Based Intervention and Caregiver Coaching](#)

[EI Excellence – Coaching in Early Intervention](#)

[6 Key Ideas for Joint Planning with Parents Early Intervention](#)

[Adult Learning Principles #5: Feedback is How We Grow](#)

Are you looking for practical tools for **planning and reflecting on visits**? Try these:

[Joint Planning Document for Preparation for Live Video EI Visits](#) (pdf)

[Tele-Intervention Self-Evaluation Form](#)

Are you feeling comfortable with the coaching process and want to **dive deeper or refine your coaching practices**? Check out these resources:

[Tips and Techniques for Effective Coaching Interactions](#) (pdf)

## [Common Misperceptions About Coaching in Early Intervention](#)

### [Roadmap for Reflection](#)

Do you want to see **examples** of live video visits (i.e., tele-health) in action, logistics & practice? Check out the following resources to help you **implement coaching practices**:

[Early Childhood Intervention: Tele-Practice](#): This brief video (20 minutes) developed by [FIPP](#) shows how you can use tele-intervention during this time of social distancing and includes an overview of system requirements, how to plan a visit, the three parts of a virtual visit, and what conducting an tele-intervention visit looks like in action.

[A Virtual Home Visit with Straton's Family](#): Keep in mind that this short video (18 minutes) developed by *Ohio Developmental Disabilities Council* is an Ohio state example. Use this as an example to gain tips and tricks on moving towards this temporary service delivery model within Illinois' guidelines.

## **Resources for Families**

Are you wondering what **information to share with families** to help them understand what to expect during live video visits (i.e., telehealth)? Consider sharing the following resources with families:

[Everyday Early Intervention During Coronavirus](#) (IL Early Intervention Clearinghouse)



*This page includes tip sheets for families on telehealth!*

[Resource List for Learning at Home during Trying Times](#) (IL Early Learning Project)

[Keep Young Children at Home during Trying Times](#) (IL Early Learning Project)

[Fussy Baby Network](#) (Erikson Institute)

- [FAN as a Grounding Tool in Uncertain Times – ARC of Engagement](#)
- [FAN as a Grounding Tool in Uncertain Times – Mindful Self-Regulation \(MSR\)](#)

[A Parent's Tele-Intervention \(TI\) Experience](#): (4 min video retrieved from [NCHAM 101 family Module](#)) includes an interview with a parent who answers questions such as “What are your concerns?”, “How does the session help you as a parent?”, “Do the session activities incorporate your daily routine?”, and “Where you able to communicate with your provider?”.

[The TI Session Experience](#): (1 min 20 sec video retrieved from: [NCHAM 101 family Module](#)) illustrates a session with a parent and child on the floor followed by feedback from the provider.