EFFECTIVE WAYS OF STUDYING BEFORE EXAMS

BEGINNING OF THE DAY
Ask the parent how the day starts.
Remember this is about how the parent's day starts. If they may begin to talk about the child, you may need to gently redirect them and ask them if that is how their day begins.

ROUTINES
Bridge to routines by asking "what happens next?".
Once you've discussed the beginning of day, let the parent tell you what happens next. Ask the following within each routine:
- What the child is doing
- What everyone else is doing
- Engagement
- Independence
- Social Relationships
- Satisfaction with that time of day

RECAP
Review what you heard.
Summarize discussion or conversation for the parent.

PRIORITIES
Have parents rank priorities.
Ask the parent to select priorities from most important to least important.
Revisit priorities at the IFSP meeting and ask parent if this is something that should be an outcome.

MAJOR CONCERNS
Briefly ask what their concerns are.
Remember to incorporate these concerns within the context of daily routines.

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