

Tips for Aligning the Illinois EI Principles to Live Video Visits (Telehealth)

Illinois EI Principle	Telehealth Tips
<p>1. Support families in promoting their child's development and facilitate participation in family and community activities.</p>	<ul style="list-style-type: none"> • Ask questions related to family priorities, strengths, activities and routines. SCs may like RBI Key Steps during Telehealth. • Be aware that priorities, routines and activities may have changed.
<p>2. Encourage active participation of families by embedding intervention strategies into family routines.</p>	<ul style="list-style-type: none"> • Focus on the family priority, let the family lead. • Find out what is working well and what challenges to address.
<p>3. A collaborative relationship with equal participation and an ongoing parent-professional dialogue is needed to develop, implement, monitor, and modify therapeutic activities.</p>	<ul style="list-style-type: none"> • Discuss fun and helpful ways to include activities/strategies within routines, like these Everyday Interventions. • Consider ways that siblings and other family members can be involved.
<p>4. Intervention must be linked to specific goals that are <i>family-centered, functional, and measurable</i> and strategies should focus on facilitating social interaction, exploration, and autonomy.</p>	<ul style="list-style-type: none"> • Review/discuss IFSP outcomes/strategies • Listen and be flexible to adapt to the families changing needs/priorities. • Understand families may be busy and stressed, so avoid adding more to their plate
<p>5. Intervention is integrated into a comprehensive plan; includes transdisciplinary activities; avoids unnecessary duplication of services; is built around family routines; includes written home activity programs to encourage family participation in therapeutic activities on a daily basis.</p>	<ul style="list-style-type: none"> • Partner with other team members to ensure you are not duplicating services, supports, or phone calls • Consider how to best support them if routines changed • Ask the family to tell you about the strategies they tried and/or are seeking support within daily routines/activities
<p>6. Intervention should be monitored periodically to assure that the strategies implemented are successful in achieving outcomes.</p>	<ul style="list-style-type: none"> • Ask the family to help determine the frequency based on their needs (periodically doesn't necessarily mean weekly)
<p>7. Children/families in EI deserve to have services of the highest quality possible, so high standards are set for the training/credentialing of administrative/intervention staff and training, supervision, and technology will be focused to achieve excellence.</p>	<ul style="list-style-type: none"> • Engage in ongoing professional learning opportunities (e.g. EITP modules/webinars, offerings from your professional association(s), and the videos, books and other resources offered through the EI Clearinghouse) • Build positive and supportive relationships with fellow providers/team members (e.g. establish a community of practice, video chat, etc.)