

Family Capacity Building Practices from the DEC Recommended Practices

The strategies represented in the table below could be implemented by either service coordinators or interventionists, depending on the unique needs of each family.

| Recommended Practices | Looks Like | Doesn't Look Like |
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| <p><i>F5. Practitioners support family functioning, promote family confidence and competence, and strengthen family-child relationships by acting in ways that recognize and build on family strengths and capacities.</i></p> | <ul style="list-style-type: none"> Asking a family about their plans for when their child turns 3. Then sharing information about the transition process that will help them achieve the family's vision. | <ul style="list-style-type: none"> Sharing the contact information for the local school district's without reviewing the child's development or asking what the family would like to do after early intervention. |
| | <ul style="list-style-type: none"> Acknowledging the family's strengths and expertise in addressing the child's challenging behaviors and supporting the family in using these skills to address a child's sleeping difficulties. | <ul style="list-style-type: none"> Providing strategies for addressing challenging behavior without learning about what the family has already tried. |
| <p><i>F6. Practitioners engage the family in opportunities that support and strengthen parenting knowledge and skills and parenting competence and confidence in ways that are flexible, individualized, and tailored to the family's preferences.</i></p> | <ul style="list-style-type: none"> Gathering information about available parent education and training activities in their community and helping the family access desired activities. | <ul style="list-style-type: none"> Sharing the same resources with every family in early intervention. |
| | <ul style="list-style-type: none"> Answering the family's questions honestly and to the best of your knowledge. Providing information in different formats and languages when necessary. | <ul style="list-style-type: none"> Using resources written in English when families request information. |