# Allenotes 2/26/23 - 3/5/23

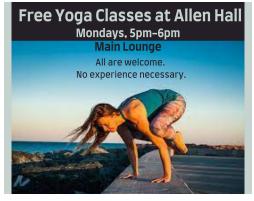
Sun 26th	6pm: Ceramics (Ceramics Lab)
Mon 27th	5pm: Yoga (Main Lounge)
	7pm: Q's Nacho Night (151 Allen)
Tue 28th	6pm: Stones and Stories (151 Allen)
	7pm: Painting w/ Bob Ross (South
	Rec)
	7:30pm: Eusa Nia (LAR Conference
	Room)
Wed 1st	9:15pm: AHBOA (151 Allen)
Thurs 2nd	7:30pm: Jason Kao Hwang and
	Jason Finkelman Performance &
	Discussion (Main Lounge)
Fri 3rd	Relax
Sat 4th	Enjoy your weekend
Sun 5th	2pm: Terrarium Making (South Rec)
	6pm: Ceramics (Ceramics Lab)

#### Ceramics

Sunday, Feb 26 & March 5, 6pm, Ceramics Lab Learn how to make pottery, ceramic sculptures, and more! Drop in any week.

# Free Yoga classes w/ Mary Wolters

Monday, February 27, 5pm, Main Lounge Mary Wolters has been practicing yoga since 1997 and teaching since 2001. She has studied with master yoga teachers from around the world. Drop in any week!

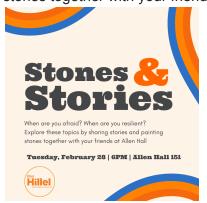


#### Q's Nacho Night

Monday, February 27, 7pm, 151 Allen Come and bring a friend to Q's Nacho Night to build your own nachos with a nacho bar catered by La Mixteca!

# **Stones and Stories**

Tuesday, February 28, 6-7pm, 151 Allen When are you afraid? When are you resilient? Explore these topics by sharing stories and painting stones together with your friends at Allen Hall.



## Painting w/ Bob Ross

Tuesday, February 28, 7pm, South Rec Paint your stress away with everyone's favorite artist. And remember there are no mistakes, just happy accidents!

#### **Eusa Nia**

Tuesday, February 28, 7:30pm, LAR Conference Room

Join Allen and LAR'S Black Student Union as we close out Black History Month by sharing helpful resources around campus and discussing the importance of celebrating black history every day. Snacks/drinks will be provided!

#### **AHBOA: Allen Board of Activities**

Wednesday, March 1, 9:15pm, 151 Allen AHBOA is Allen Hall's Board of Activities! Join us as we plan fun events for the rest of the semester. All are welcome!

# Improvisers Exchange Performance: JASON KAO HWANG (electric violin) & JASON FINKELMAN (laptop electronics, percussion)

Thursday, March 2, 7:30pm, Main Lounge
Improvisers Exchange Artist-in-Residence Jason Kao
Hwang will be featured in an informal performance and
discussion on music improvisation with Jason Finkelman.
Sponsored by Center for Advanced Study, School of
Music, Krannert Art Museum, Spurlock Museum,
Humanities Research Institute, and Unit One/Allen Hall.



### **Terrarium Making**

Sunday, March 5, 2pm, South Rec Come join local forager Grey Sherwin to learn how to make your own terrarium using plants from around campus!



Me: \*didn't set a timer for my laundry\*
everyone else: moves laundry from washer
you losing your laundry to the void

