

Allenotes 10/9 - 10/16

Sun 9th	6pm: Ceramics (<i>Ceramics Lab</i>)
Mon 10th	5pm: Yoga (<i>Main Lounge</i>)
Tue 11th	6pm: Asians of Allen (<i>South Rec</i>) 7:30pm: Allen Albums (<i>Main Lounge</i>)
Wed 12th	9:15pm: AHBOA (<i>rm 151</i>)
Thurs 13th	5pm: Red Oak Rain Garden Volunteering (<i>meet in front</i>) 7pm: AHBOA's Haunted Night (<i>Main Lounge</i>)
Fri 14th	6pm: SLAYS (<i>room 151</i>)
Sat 15th	10am: Farmer's Market and Art Walkabout (<i>meet in front</i>)
Sun 16th	3pm: 5-Minute Crafts (<i>rm 151</i>) 6pm: Ceramics (<i>Ceramics Lab</i>)

Ceramics

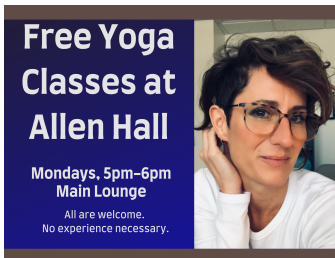
Sunday, Oct 9 & Oct 16, 6pm, Ceramics Lab

Come join us and learn how to make pottery, ceramic sculptures, and more! Drop in any week.

Free Yoga classes every Monday

Monday, October 10, 5pm, Main Lounge

Join Rachel Jackson-Green for free yoga classes. Rachel is a compassionate and intuitive instructor who teaches pranayama (yogic breathing), meditation, and the nourishing practice of yin yoga.



Asians of Allen

Tuesday, October 11, 6pm, South Rec

Join Asians of Allen as we take a field trip to AM-Ko Asian Foods and talk about Asian media.

Allen Albums

Tuesday, October 11, 7:30pm, Main Lounge

Are you looking for a relaxing place to listen to music with friends? Do you want to check out new genres and artists? Allen Albums is your club! Come share any albums you like in the Main Lounge!

AHBOA (Allen Hall Board of Activities)

Wednesday, October 12, 9:15pm, Room 151

Come out to AHBOA if you are looking for ways to express creativity or if you have any fun ideas for the hall. We are currently planning Halloween themed events, and any other ideas you might have!

Red Oak Rain Garden Volunteering

Thursday, October 13, 5pm, meet in front of Allen

Want to give back to the community? Volunteers will have its first volunteering event. Join us to help out at the Red Oak Rain Garden and learn about the garden and native plants!

AHBOA's Haunted Night

Thursday, October 13, 7pm, Main Lounge

Join AHBOA for a mysterious and spooky night! We can't tell you what it is, so you'll have to come and see for yourself. Bring your friends for a night of frightful fun!

SLAYS

Friday, October 14, 6pm, 151 Allen

Join us for a SLAYS meeting where we will have a night of loteria. Snacks and candy will be provided. Everyone is welcome!

Farmer's Market and Art Walkabout

Saturday, October 15, 10am, meet in front

Come check out the food trucks, bakeries, crafts, and farm stands of the Urbana Farmers Market. Then go on the Downtown Urbana Art Walkabout to see work by local and Midwestern artists. Join us for as long or as short a time as you'd like.

5-Minute Crafts

Sunday, October 16, 3pm, 151 Allen

Picture this: you only have 5 minutes but you REALLY want to craft. What do you do? Throw on a 5-minute craft video! Join Allen Artists and Stitchin' and Bitchin' in making some possibly disastrous crafts from everyone's favorite YouTube group "5-minute crafts"! All are welcome!

ESE 389: Field Expedition to Costa Rica

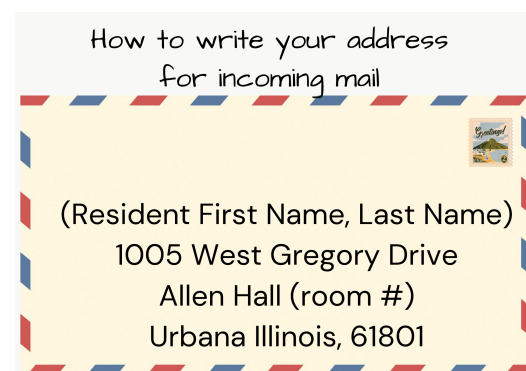
Students of Allen Hall have the opportunity to take a Spring 2023 course that involves traveling to Costa Rica over Spring Break. In this course, we'll learn about one of the greenest countries on earth. We'll hike through rainforests, observe wildlife, stay at eco-lodges, visit a coffee farm, swim beside a coral reef, and meet people who are at the forefront of sustainability in Costa Rica. Check out <https://go.illinois.edu/CostaRicaVideo> to see what the class is like.

This is a for-credit class that meets **Wednesdays, 4:00pm – 5:20pm**, throughout the **Spring semester**, and travels to Costa Rica over Spring Break. **There are many opportunities for financial support.**

Apply for the class here:

<https://go.illinois.edu/CostaRicaClass>

The deadline to apply is October 16th.



Apply to be an RA!

Applications go live on 10/3 and are due 10/17. More info here: <https://housing.illinois.edu/parapro>