

ACTIVITY 2

Previewing the Process

Activity Purpose: Helping professionals feel prepared for how they will have an effective and efficient meeting with the family is an important step in the COS process. This preparation helps ensure providers have the knowledge, skills and confidence to thoughtfully engage families in the process. This activity will help promote professionals' awareness of their individual knowledge base as well as introduce professionals to this process by viewing a video example.

Difficulty Level: Introductory Level – Awareness & Intermediate Level – Application

Estimated Time: 60 minutes

Materials:

- Internet access & TV/computer
- Audio
- Handouts:
 - *K-W-L Chart*

Activity Instructions:

Part 1 – K-W-L Reflection Activity

1. Provide professionals with the handout titled, *K-W-L Chart*.
2. Ask the professionals to individually think about the 'K' – what they already know about the COS process and the 'W' – What they want to know about the COS Process. At the end of the session, you will come back to the 'L' – What was learned as a result of the activity.
3. As a group, come together and discuss what pieces professionals feel they already know and what they would like to know.
4. Generally, share the results of the survey sent out prior to this session if applicable.

***Note for facilitator:** you can use this information/feedback from the participants to determine how to adjust and/or add activities to meet their needs moving forward.

Part 2 – A Conversation with One Family

1. Watch the following two videos titled (1) *Bri IFSP Video Chapter 3.1 – Child Outcomes* & (2) *Bri IFSP Video-Chapter 3.2 Child Outcomes 1 & 2* and (3) *Bri IFSP Video-Chapter 3.3 Child Outcomes #3* (which is approximately 30 minutes in total), which can be found by clicking on the following link: <https://www.youtube.com/watch?v=cSX52lnYT7s&index=5&list=PL9DC2069DAD870262>

***Note for facilitator:** be sure to watch all three videos.

2. Consider the following discussion prompts to engage the group after watching the videos:
 - a. What did you see?
 - b. What are your overall impressions?
 - c. How does this conversation compare with how conversations happen with the families with whom you currently partner?
 - d. What do you do when families might not agree with the professionals' ratings/opinions? Or when parents might not agree with one another?
 - e. What strategies did you see the professionals use to help Bri's parents come to a consensus?
 - f. What strategies would you like to remember and put into practice that you saw in the video/s?
 - g. What questions do you have, at this moment in time, about the process?

Part 3 – K-W-L Reflection Follow-Up Activity

1. Return back to the K-W-L charts and ask the participants to individually reflect on the 'L' – What they have learned as a result of the session today.
2. After giving the group a few minutes to individually reflect and document their reflections on the chart, ask if anyone would like to share their reflection with the group.
3. Ask each individual in the group to bring one resource related to the COS process and related to the area that the professionals identified as – 'W' – what I want to learn, to the next session. Professionals should be prepared to share that resource at the next session.

ACTIVITY 2

K-W-L Chart

What I <u>K</u> now	What I <u>W</u> ant to Learn	What I have <u>L</u> earned