

ACTIVITY 7

Foundational, Immediate Foundational or Age-Expected?

Activity Purpose: The purpose of this activity is to give participants the opportunity to apply their understanding of foundational, immediate foundational and age-expected skills for outcomes 1, 2, and 3 given various scenarios. This activity can provide participants with additional practice if needed.

Difficulty Level: Introductory Level – Awareness & Intermediate Level – Application

Estimated Time: 30-45 minutes

Materials:

- TV/Computer screen
- Internet & Audio Access
- Video Downloaded Titled, *Mom Playing with Toddler*
- Handouts:
 - *Outcome 1 Larimer County Age Anchoring Tool*
 - *Outcome 2 Larimer County Age Anchoring Tool*
 - *Outcome 3 Larimer County Age Anchoring Tool*

Activity Instructions:

Part 1 – Foundational, Immediate Foundational or Age-Expected?

1. View one or all the following videos:
 - a. Profit: https://www.youtube.com/watch?time_continue=23&v=YIEPrYVTkSs
 - b. Owen: <https://www.youtube.com/watch?v=PYrq2QBtPI>
 - c. Mom playing with toddler
2. After viewing each video, ask the participants to individually reflect and consider what kind of skills and behaviors each child is demonstrating for each of the three child outcomes.
3. After each participant has had the opportunity to individually complete the task, come together as a large group. Consider asking the following questions:
 - a. Based on the video clips and the kinds of skills and behaviors you observed, which outcome/s were you able to consider?
 - b. Would you consider the skills and behaviors foundational, immediate foundational or age-expected for outcome 1? Outcome 2? Outcome 3? Why? What was your rationale?
 - c. What additional questions might you have for the caregiver/s about this child's functioning?
 - d. What did you notice about this child's personality/temperament?

- e. How did your perspective, experiences and/or background/discipline impact what you observed and how you might have considered the child's skills and behaviors?

Part 2 – Discussing Child Functioning

1. In preparation for section four regarding reaching consensus, watch the following video -- *Lucas – Outcome 3*: http://olms.cte.jhu.edu//olms2/COSTC_SectionIII
2. After watching the video, consider the following discussion prompts to review all the content up until this point:
 - a. How did the professional explain outcome 3 to this mother?
 - b. How did the professional include the mother in this COS discussion?
 - c. What did you notice about the relationships the caregiver has with the professionals?
 - d. What skills and behaviors did you hear mom explain regarding his functional skills?
 - e. What skills did you see that you think were foundational? Immediate foundational? Age-expected?
 - f. How long did this conversation take?
 - g. Who do you think did most of the talking?
 - h. What are your thoughts about the breadth of this outcome? Do you feel as though the team went deep enough with this outcome?
 - i. How did the team talk about his strengths, abilities, etc.?
 - j. What are the sources of information the team is using to gain an understanding of his functioning?
 - k. How does the team discuss the skills that he has not yet mastered?
 - l. Do you think the skills they are discussing are functional or discrete?
 - m. Are there any other thoughts or observations about this video that you would like to share?

Part 3 – Group Reflection

1. As the participant to get into small groups. Encourage the groups to reflect by answering the following question:
 - a. How does the child functioning discussion related to the child outcomes we just watched compare with how you typically engage in discussions with families?
 - b. How might you align your discussions with child functioning (versus discrete skills) in the future? What steps do you need to take?

Larimer County Age Anchoring Tool

Outcome 1:

Positive Social Emotional Skills....

Children demonstrate age appropriate functioning by....

<p><u>0-3 Months</u></p> <ul style="list-style-type: none"> • Fixating on the human face and maintaining gaze with caregiver • Turning their head and eyes in the direction of the parent voice • Being comforted and appearing to enjoy touch and being held by a familiar adult • Draws attention to self when in distress <p><u>4-6 Months</u></p> <ul style="list-style-type: none"> • Anticipating being lifted or fed and moving body toward adult when being approached • Smiling spontaneously to human contact, smiling in play, and smiling at self in mirror • Vocalizes to express pleasure & displeasure sounds in addition to crying/cooing • Is able to stop unexplained crying • Enjoying games with others such as "Where is your nose?" and "So Big!" 	<p><u>7-9 Months</u></p> <ul style="list-style-type: none"> • Smiling and laughing during turn-taking • Participating in simple games (pat-a-cake, peek-a-boo) • Demonstrating anticipation of play activities • Exhibiting anxious behavior around unfamiliar adults • Using gestures and vocalizing to protest • Shouting or vocalizing to gain attention • Shows anxiety over separation from parents • Repeating a behavior (shows off) to maintain adult attention <p><u>10-12 Months</u></p> <ul style="list-style-type: none"> • Imitating familiar words in turn-taking • Showing sensitivity to the mood of others • Performing for social attention • Responding to a request of "come here" • Stopping when name is called • Maintaining attention to speaker 	<p><u>13-18 Months</u></p> <ul style="list-style-type: none"> • Pretending to talk on phone, feed a baby, comfort a doll, clean a spill • Discriminating between familiar and unfamiliar people • Showing awareness of the feelings of others • Initiating familiar turn-taking routines • Requesting assistance from an adult • Hugs & kisses parents • Demonstrating a functional use of objects such as trying to use a brush or drinking from a toy cup • Gives a toy to caregiver spontaneously & upon request • Having temper tantrums when frustrated • Sometimes doing the opposite of what is asked of them <p><u>19-24 Months</u></p> <ul style="list-style-type: none"> • Shows a wide variety of emotions i.e., fear, anger, sympathy, modesty, guilt, joy 	<p><u>25 – 30 Months</u></p> <ul style="list-style-type: none"> • Being apt to snatch, push, kick, rather than give and take in polite fashion • Throwing tantrums when frustrated • Showing facial expression and behavior indicating pity, shame and modesty • Being restless, rebellious and very active at times • Becoming resistant and dawdling at times • Separates easily in familiar surroundings • Wanting to do favorite activities over and over again • Continuing to try a difficult task for a brief period of time (building with blocks for 3 to 5 minutes) • Insisting on some choices (food, clothing, appearance) • Seeking and accepting assistance when encountering difficulties • Inventing new uses for everyday materials with assistance (using a box for a house) • May develop sudden fears (i.e. large animals) 	<p><u>31 – 36 Months</u></p> <ul style="list-style-type: none"> • Observing other children at play; may join in for a few minutes • Playing well with two or three children in group • Having difficulty sharing • Showing facial expressions and behaviors indicating pity, shame, modesty • Sometimes being restless, rebellious, very active • Becoming resistant, dawdles • Throwing tantrums when thwarted or unable to express urgent needs • Objecting to major changes in routines • Verbalizing play plan for assigned role ("I am mother" "You be baby" "I cook" "You watch TV") • Verbalizing play plan and using pretend props which are identified for benefit of adult ("This is our house (box)") • Following simple rules • Taking turns in games • Listening and participating in group activities with adult supervision • Enjoying opportunities for pretend play and creating things (crafts, art)
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Outcome 1:

Positive Social Emotional Skills....

Children demonstrate age appropriate functioning by...

<u>4-6 Months (continued)</u>	<u>10-12 Months (continued)</u>	<u>19-24 Months (continued)</u>	<u>25-30 Months (continued)</u>	<u>31-36 Months (continued)</u>
<ul style="list-style-type: none"> Vocalizing in response to babbling behavior, vocalizations and speech produced by an adult 	<ul style="list-style-type: none"> Responding with gesture to “come up” or “want up” Waving in response to “bye-bye” Saying “mama” or “dada” meaningfully Using a word to call a person Pushing or pulling an adult’s hand to have a behavior instigated or repeated Showing attachment to favorite toy or blanket Expressing two or more emotions (pleasure, fear, sadness) Briefly stopping behavior when told “no” 	<ul style="list-style-type: none"> “Checking-in” with familiar adults while playing Resisting change, transitions are difficult Show jealousy of attention given to others, especially own family Using vocalizations and words during pretend play Playing alone for short periods Recognizes self in photograph Uses concept “mine” to denote possessiveness 	<ul style="list-style-type: none"> Displaying understanding of how objects work together (gets the dustpan when adult is sweeping the floor) Substituting similar objects (uses boxes for blocks) Realizing that behaviors can precede events (if mom takes things out the refrigerator and turns on the stove, she is going to cook lunch) Attempting to comfort others in distress Addressing listener appropriately to get attention (uses child’s or adult’s name to get attention) 	<ul style="list-style-type: none"> Altering behavior based on a past event and builds on it (“this didn’t work, so I will try this”) Relating an experience today to one that happened in the past (i.e. when Grandma comes over the dog has to be in the crate) Saying “please” and “thank you” when reminded Stating whether they are a boy or a girl Begins to obey and respect simple rules Takes pride in achievements Resists change, may want things done the same way May be able to participate in games that involve following simple directions and taking turns (i.e. “Duck, Duck, Goose”)

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Outcome 2:

Acquiring and Using Knowledge and Skills....

Children demonstrate age appropriate functioning by....

<u>Birth – 3 Months</u>	<u>7-9 Months</u>	<u>13- 18 Months</u>	<u>25 – 30 Months</u>	<u>31 – 36 Months</u>
<ul style="list-style-type: none"> Lifts head while on tummy Clasping hands together and hands to mouth Grasping finger if placed in palm Kicking legs while lying on back Begins cooing <p><u>4-6 months</u></p> <ul style="list-style-type: none"> Beginning to reach for objects Looking to place on body where being touched Trying to cause things to happen such as kicking a mobile and smiling Dropping a ball and observing the fall Developing more precise imitation skills of facial movements and speech sounds Securing an object that is partially hidden with a cloth Pushing up through extended arms while on tummy 	<ul style="list-style-type: none"> Shows desire to get to things that are not within reach Sitting unsupported while playing with toys Plays 2-3 minutes with a single toy Reaching for and grasping blocks or other small toys Reaching for objects while on tummy <p><u>10-12 months</u></p> <ul style="list-style-type: none"> Pointing with index finger Imitating behaviors initiated by caregiver (playing peek-a-boo; smiling and laughing during turn-taking; or attempting to name pictures and objects) Banging blocks and other small toys together Repeatedly throwing or dropping objects to watch the movement Stirring with a spoon in a cup Banging a spoon on inverted cup or tabletop 	<ul style="list-style-type: none"> Explores the environment independent of caregiver Turning the pages in a book Looking at, pointing to, and naming pictures in a book Imitating scribbling motions Initiating familiar turn-taking routines Begins to imitate sounds often, in turn taking conversational way Pointing to two action words in pictures Pointing to, showing, and giving an object Handing a toy to an adult for assistance <p><u>19-24 months</u></p> <ul style="list-style-type: none"> Identifying six body parts Choosing two familiar objects upon request Sorts objects by type (i.e. kitchen vs. animals) Can follow two different directions with a toy (i.e. put it in, turn it over, etc) 	<ul style="list-style-type: none"> Liking to take things apart and put them together again (puzzles, toys) Following caregiver around the house and copying domestic activities in simultaneous play Identifying boy or girl in picture book Making doll/toy act on self as though capable of performing actions independent of child (placing brush in doll's arms, than moving the doll's arm as if doll is combing hair) Communicating about the actions of others Answering simple "what", "where" questions about familiar people or things Asking increasing numbers of questions ("where/what") Understanding negatives (no, not, can't, don't) Formulating negative judgments ("spoon, not fork") Recognizes at least one color correctly 	<ul style="list-style-type: none"> Understanding concepts of "mine" and "his/hers" Telling gender when asked Sometimes labeling and talking about own drawings when asked Giving first and last name when asked Using several verb forms correctly to describe a variety of actions (i.e. ing, ed) Expanding use of prepositions (under, in front of, behind) Understanding common adjectives of color, size, and shape Showing interest in explanations that involve "why" and "how" Using 4 to 6 word phrases or sentences Making negative statements ("Can't open it," "Don't touch") Beginning to use contractions (can't, we'll, won't) Using some plural forms correctly in speech Using the past tense Dictating a story for adult to write out

Outcome 2:

Acquiring and Using Knowledge and Skills...

Children demonstrate age appropriate functioning by....

<u>4-6 Months (continued)</u>	<u>10-12 Months (continued)</u>	<u>19-24 Months (continued)</u>	<u>25-30 Months (continued)</u>	<u>31-36 Months (continued)</u>
<ul style="list-style-type: none"> • Repeating arm movements to keep a toy activated, keep mom singing, or causal event • Visually studies hands and objects, looks at mirror image 	<ul style="list-style-type: none"> • Demonstrates emerging problem solving skills such as (placing objects in the mouth and mouthing; pushing or pulling adult's hands to have a behavior instigated or repeated; turning a picture or mirror over to view the functional side; rotating three-dimensional objects to view the functional side; using a hammer or stick to play a xylophone • Singing along with a familiar song • Using gestures and/or vocalizing (grunts/whines) to protest • Shouting or vocalizing to gain attention • Responding to a request to "come here" • Maintaining attention to speaker • Responding with gesture to "come up" or "want up" 	<ul style="list-style-type: none"> • Asking "What's that?" • Demonstrating symbolic play, using one object as a signifier for another object • Attempting to repair broken toys • Choosing one object from a group of five upon verbal request • Stacking 5 or 6 blocks • Using two word utterance sometimes combined with gestures, to communicate • Using three-word phrases occasionally • Imitating words overheard in conversation • Naming 5 to 7 objects upon request • Using new words regularly (adding 2 to 5 words a week) • Spontaneously naming objects, person, and actions • Following novel commands • Tells about a personal experience 	<ul style="list-style-type: none"> • Understanding simple possessive forms (daddy's shirt) • Understanding complex sentences ("when we get to the store, I'll buy you an ice cream cone") • Pointing to smaller parts of the body when asked (chin, elbow) • Recognizing and identifying general family names/categories (Grandma, Uncle) • Recognizing the names and pictures of most common objects • Understanding word association through functional association ("what do you drink with?", "What do you sleep on?", "What do you brush your teeth with?") • Understanding size difference (little dog, large dog) • Following directions involving common prepositions (in, on, behind, out) • Enjoying finger plays (songs and games that use hands) 	<ul style="list-style-type: none"> • Performing multi-step tasks when playing (takes money, rings cash register, puts money in drawer) • Beginning to use inductive reasoning (if you do this, that happens) • Expressing understanding of cause and effect (it's quiet because you turned off the music) • Copying a circle • Drawing a simple face • Matching three colors • Matching objects by color, shape and size

Outcome 2:

Acquiring and Using Knowledge and Skills...

Children demonstrate age appropriate functioning by....

<u>4-6 Months (continued)</u>	<u>10-12 Months (continued)</u>	<u>19-24 Months (continued)</u>	<u>25-30 Months (continued)</u>	<u>31-36 Months (continued)</u>
	<ul style="list-style-type: none"> • Waving in response to “bye-bye” • Saying “mama” or “dada” meaningfully • Imitating consonant and vowel combinations • Imitating non-speech sounds • Vocalizing with intent frequently • Using a word to call a person • Giving objects upon verbal request • Performing a routine activity upon verbal request • Looking at familiar objects and people when named • Understanding simple questions • Identifying two body parts on self • Demonstrating intense attention to adult language 	<ul style="list-style-type: none"> • Referring to self by name • Using early pronouns occasionally • Engaging in adult-like dialogue • Uses speech understood by others 50% of the time • Using sentence-like intonation patterns • Makes a horizontal and vertical stroke with crayon 	<ul style="list-style-type: none"> • Attempting to locate objects when they are discussed by others • Speaking in 2 or 3 word sentences; jargon and speaking by imitation only are almost gone • Often using personal pronouns (I, you, he, it, me) correctly • Using regular plurals (cats, dogs, balls) • Beginning to recall parts of a previously heard story • Requesting to hear familiar stories • Changing intonation and tone to communicate meaning • Understanding “one”, “all” (“Give me one block”) • Matching an object to a picture • Matching simple shapes such as a circle, square and triangle 	

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Outcome 3:

Taking Appropriate Actions to Meet Needs....

Children demonstrate age appropriate functioning by....

<u>0-3 Months</u>	<u>7-9 Months</u>	<u>13-18 Months</u>	<u>25 – 30 Months</u>	<u>31 – 36 Months</u>
<ul style="list-style-type: none"> • Hands begin to open more and rest in open position • Holds small objects or toys when placed in hand • Follows moving object in range of 30 degrees either side of midline (object 10-12" away from baby's face) • Responds to loud noise with startle or upset • Responds to human voice more readily than any other sound • Begins to produce different cries for different reasons • Turning head to either side when lying on back • Rooting-reflexive turning of mouth toward hand rubbing cheek • Lifting and rotating head when lying on tummy or when held at shoulder 	<ul style="list-style-type: none"> • Holds an object in each hand and bangs them together • Reaches for objects with either hand, one at a time, when lying on tummy • Rakes at tinier objects with fingers • Turns to look when name is called • Begins to imitate sounds, often in turn-taking, conversational way • Moves body to music • Shows desire to get to things that are not within reach • Rolling in both directions and may use sequential rolling to get somewhere • Crawling on belly using both arms and legs symmetrically to propel 3+ feet • Pulls up into standing position when helped with your hands and supports all of weight on legs 	<ul style="list-style-type: none"> • Able to pick up objects of all sorts of sizes and weights using either hand and precision with fingers • Removes objects while holding on to container • Places objects into large containers • Uses wider variety of gestures to communicate wants and needs • Begins to say words for the most familiar thing or people • Follows simple directions, i.e. "Let's go to the kitchen.", "Find your shoes." • Can correctly match sound to object, i.e. doorbell, telephone • Stands without support for brief periods • Walks independently with good quality, needs guidance to ascend/descend stairs on feet • Climbs up on couch or chair • Removes loose clothing partially or completely 	<ul style="list-style-type: none"> • Opens doors by handle/knob • Turning knobs on objects like radio or TV • Catching ball (by trapping against body) when playing with adult or peer • Knows where things are kept • Puts things away to help clean up • Uses non-verbal gestures and body language to express needs and feelings (hugs, hands on hips, etc.) • Progressively more articulate with language to express thoughts and desires • Walks up steps, alternating feet while holding rail or hand for support • Sits on riding toys and pushes with feet; may ride tricycle • Swings leg to kick stationary ball • Plays on outdoor play structures (climbing, sliding) • Attempts to jump with two feet together • Puts on socks, coat and shirt 	<ul style="list-style-type: none"> • Can problem solve and carry out a plan for getting something they need or want, i.e. while mom is distracted, gets forbidden marker out of desk drawer; prepares own simple snack like getting crackers and putting in bowl. • Follows simple rules • Separates easily from mother in familiar environment • Hops in place on one foot (either foot) three time without losing balance • Stands on one foot (either foot) for three seconds • Jumps over object, i.e. string/rope, that is two inches high • Walks upstairs alternating feet • Walks downstairs four steps without support, placing both feet on each step • Can dress and undress independently, including unbuttoning buttons, with few exceptions • Asserts food preferences and recognizes what they are and are not allowed to eat • Gets drink from fountain • Follows basic health practices when reminded (washing/drying hands, brushing teeth)

Outcome 3:

Taking Appropriate Actions to Meet Needs....

Children demonstrate age appropriate functioning by...

<p><u>Birth - 3 Months (continued)</u></p> <ul style="list-style-type: none"> • Primary Standing-moving legs into extension for weight bearing when held upright (standing height) with feet contacting surface • Walking-reflexive stepping when held upright with feet contacting surface, lifts feet alternatively in walking-like motion • Kicks feet in bicycle motion when lying on back <p><u>4-6 Months</u></p> <ul style="list-style-type: none"> • Brings hands together in midline over chest when lying on back, i.e. places hands on bottle while eating, playing with own hands held together over chest • Begins to reach and grasp or bat at objects, shakes or bangs toys on surface • Brings objects to mouth, i.e. toys, pacifier, bottle (when not so full) • Moves objects back and forth from one hand to the other 	<p><u>7-9 Months (continued)</u></p> <ul style="list-style-type: none"> • Sitting on own once placed in that position to play • Begins to participate when being dressed, pulls off socks or hat • Grabs for spoon/cup when being fed <p><u>10-12 Months</u></p> <ul style="list-style-type: none"> • Points with index finger and activates toys using one finger • Begins to develop more refined grasp using tips of finger and thumb to pick up much smaller things with precision • Learns to voluntarily let go of what is being held, may throw objects • Raises arms up when wanting to be picked up • Expresses full range of emotion including resistive behavior • Raises self to sitting position • Creeps on hands and knees to get around • Pulls up on furniture • Cruises along furniture and/or walks with hands-on help 	<p><u>13-18 Months (continued)</u></p> <ul style="list-style-type: none"> • Practices using child-sized fork and spoon to eat (non-liquids) • Tries to help with tooth brushing <p><u>19-24 Months</u></p> <ul style="list-style-type: none"> • Tries to take things apart • May enjoy marking/ drawing on paper with crayons or other writing tools • Begins to place objects in containers with smaller openings • Uses two word utterances, plus gestures, to express wants and needs • Can answer questions with “yes” or “no” using head shake, gestures or words • Expresses need for independence with doing things on own or asks for help when needed • Follows 2 or 3 step directions • Likes to imitate adult actions especially to “help out” 	<p><u>25 – 30 Months (continued)</u></p> <ul style="list-style-type: none"> • Takes off own shoes, socks, and some pants as well as other unfastened garments • Uses fork to spear bite sized chunks of food • Knows which faucet is hot and cold • Washes self in bath • Interested in trying potty while still predominantly wearing diapers 	<p><u>31 – 36 Months</u></p> <ul style="list-style-type: none"> • Verbalizes toilet needs fairly consistently • Shows daytime control of toileting needs with occasional accidents
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Outcome 3:

Taking Appropriate Actions to Meet Needs....

Children demonstrate age appropriate functioning by....

<u>4-6 Months (continued)</u>	<u>10-12 Months</u>	<u>19-24 Months (continued)</u>	<u>25 – 30 Months (continued)</u>	<u>31 – 36 Months (continued)</u>
<ul style="list-style-type: none"> • Babbles with wide variety of sounds • Rolling-tummy to back (over either L/R side) often comes before back to tummy • Raises head and shoulders by resting on forearms/hands when on tummy to look around • Sits with less and less support, tries to prop forward on arms to stay sitting or tries to raise self to sitting when leaning back, as in the car seat • Reaches for and plays with feet • Holds head up well in many positions to be able to see all around • Enjoys bath-keeps eyes open and indicates pleasure when placed in warm water or plays by splashing 	<ul style="list-style-type: none"> • Tries to climb to get to higher surfaces, crawls up stairs • Fusses when uncomfortable in diaper • Feeds self with fingers/sippy cup and tries to use small utensils 	<ul style="list-style-type: none"> • Gathers someone's attention or takes someone's hand to take them to something they want or want to show them • Demonstrates more advanced movement and motor skills such as running and more proficient climbing, i.e. climbing out of the crib • Attempts to jump down from step or raised surface • Positions body more automatically to help put on clothing • More developed skills with spoon and fork, less spilling • Tries to wash own hands and face, comb hair 		