

Executive Functioning in Action

Strategies for Supporting	Inhibitory Control	Sustained Attention	Working Memory	Cognitive Flexibility and Perspective Taking
Example of typical activity: <i>Two siblings playing with animal dress-up costumes (e.g., cat ears and tail)</i>	As children become loud in their play, ask them to use their indoor voices, or soft kitten noises. Model the tone of voice.	The parent helps them continue to focus on the dramatic play by asking questions about what happens next.	The parent asks what they learned about cats yesterday when a stray cat wondered into the yard (e.g., they like to drink milk).	The parent asks what would happen if the cat saw a dog. How would the cat feel?
Typical Intervention/ Family Activity				
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